

# The Academy of Dance Arts - Academy Dance Alliance

## Teen Teams Information and Commitment

TEEN TEAM I – (APPROXIMATELY 10-13 YRS), BEGINNER INTERMEDIATE LEVEL

TEEN TEAM II – (APPROXIMATELY 14-18 YRS), INTERMEDIATE LEVEL

### *What are the Teen Teams? . . .*

The Teen Teams are the “*Stepping Stones*” of development of Dance skills. Teen Teams are designed for dancers who would like more intensive training and performance experience, but do not yet have the level of skill and experience needed. The teams are also designed for students who have heavy Academic or extracurricular responsibilities (Honor Society, School Dance Teams, Sports, etc.) The Teen Teams require a smaller time commitment at The Academy. Please note that dancers interested in these teams will still be required to participate in an audition process and should have a basic foundation of Jazz and Ballet Technique.

**Once a Teen Team Dancer is targeted by a Team Director as ready and has earned partial advancement to a main Alliance Team(s) the following “Stepping Stones,” are in place to ease a Dancer onto a Main Team in the following manner . . .**

1. First, a Dancer will be invited by the Directors of the Alliance to be part of the Ballet or Jazz Production numbers.
2. If a Director feels a Dancer is fully ready and committed, then that Director will discern, invite and give a Dancer an additional opportunity for more experience with a Main Alliance Team(s). This will be in effect for Contemporary Jazz and Ballet.

**Please Note:** If a Teen Team Dancer is interest in Hip Hop or Tap, they may audition through the regular audition process.

**Please Note:** No Solos, Duets, or Trios are allowed until a Dancer has progressed and given permission by Company Directors.

### TEEN TEAM REQUIRED CLASSES

FIVE (5) - 8-week ACADEMY TERMS and ONE (1) - 5-week SUMMER TERM:

**1 - Ballet Technique Class**

**1 - Contemporary Jazz Technique Class**

**1 - Teen Team Rehearsal Class**

**1 - Teen Team I & II – Leaps & Turns Class**

**1 - Teen Team II – Stretch & Strengthening Class**

**Please note: Extra Ballet is *highly advised* for advancement**

Please consider and discern fully, your commitment to the Teen Teams. The Alliance (which these Teams are a part of) is a fully committed Dance Team comprised of technically advanced dancers. Many of our students go on to demanding College Dance Programs and earn scholarships to do so. Many of our Dancers major or minor in Dance and earn various levels of College Degrees in Dance. The Alliance gives our Dancers more than just technique and performing skills, it prepares and teaches them to be confident in developing any skill they might want to achieve, such as . . . perseverance, hard work, commitment, focus, working well with others in taking direction and applying those directions; self correction, self motivation, performance skills, and enjoying the process for self-satisfaction and reward for earned achievement.

Any further questions or clarifications concerning the Teen Teams may be addressed and answered either by the Front Desk, or Teen Team Directors.

Sherry Moray, Artistic Director